



**IOWA ARMY NATIONAL GUARD**  
Camp Dodge Joint Maneuver Training Center  
7105 NW 70th Avenue  
Johnston, Iowa 50131-1824

NGIA-TCU-CDR

01 March 2024

MEMORANDUM FOR All Personnel Utilizing Camp Dodge Joint Maneuver Training Center

SUBJECT: Garrison Command Policy 2, Army Combat Fitness Test (ACFT) and Training on Camp Dodge Joint Maneuver Training Center (CDJMTC)

1. References:

- a. FM 7-22, Holistic Health and Fitness, October 2020.
- b. INGR 1-1, Camp Dodge Ranges and Training Areas Regulation, October 2014.

2. Purpose. Establish training and testing locations on CDJMTC for the ACFT. Unit level ACFT is only allowed in designated areas listed in paragraph 4, see enclosed map.

3. Use the Range Facility Management Support System (RFMSS) to schedule training and testing sites. Do not use the "Continuous" selection in the reservation process. Choose a specific date and hours for the reservation. Name the event "ACFT – ARMY COMBAT FITNESS TEST" or "ACFT – ARMY COMBAT FITNESS TEST (PRACTICE ONLY)". Blanket reservations will not be approved.

4. Outdoor sites will have enough on-site equipment to support 12 lanes per reservable area. Alternate sites will have enough equipment to support 4 lanes per reservable area. Indoor lanes will be drawn from W6 with a RFMSS reservation.

a. Primary Field Facilities (as listed in RFMSS)

(1) MWR PT-07 BLDG 1167 (On Site Equipment 16 Lanes, and alternate event testing equipment rowers and bikes)

(2) MWR PT-08 FLD N (On Site Equipment 12 Lanes)

(3) MWR PT-08 FLD S (On Site Equipment 12 Lanes)

(4) MWR PT-09 FLD N (On Site Equipment 12 Lanes)

(5) MWR PT-09 FLD S (On Site Equipment 12 Lanes)

(6) PRD-03 PARADE (On Site Equipment 12 Lanes)

b. Alternate Facilities

(1) S29 Drill Floor – All Users (4 Lane Trailer Located at W6)

(2) S60 Drill Floor – Tenant Units Only (4 Lane Trailer Located at W6)

(3) S70 Drill Floor – Tenant Units Only (4 Lane Trailer Located at W6)

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c. Track Facilities

- (1) MWR PT TRACK TRL-01
- (2) MWR PT-09 TRACK TRL-02
- (3) MWR PT-11 TRACK

5. Coordinate with CDJMTC Facility Issue and Clearing at 515-252-4175 (BLDG W6) to hand receipt ACFT equipment and draw the site. Upon completion of the ACFT training or testing, units will:

a. Clean and return all ACFT equipment to its appropriate location. Coordinate with CDJMTC Facility Issue and Clearing at 515-252-4175 (BLDG W6) to inventory equipment and clear the site.

b. Conduct general police call of the reserved areas and remove all trash and debris.

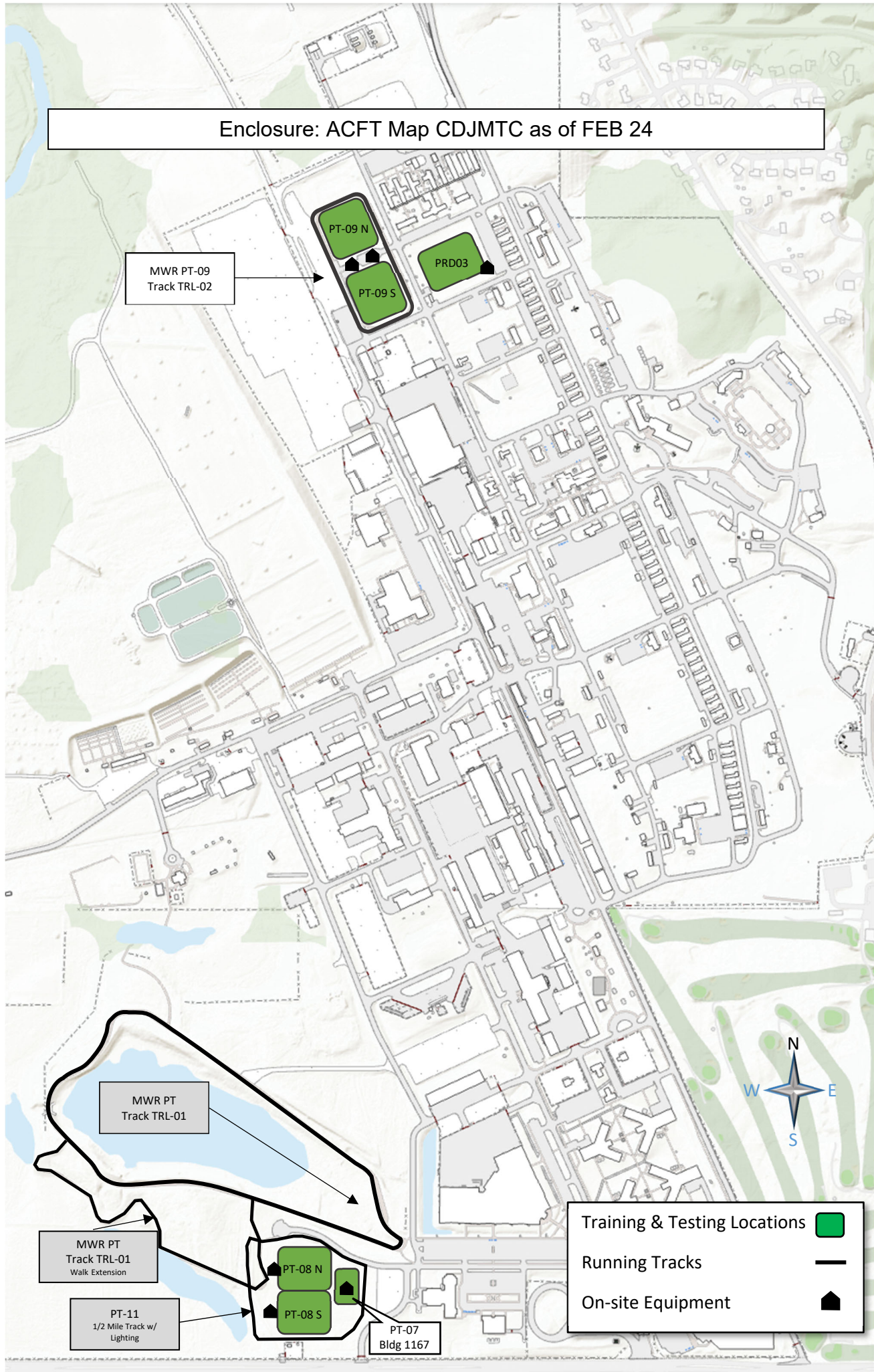
6. The Camp Dodge Wellness Center (BLDG PT-1) is an individual fitness training facility. Individual training for the ACFT is authorized. ACFT for record or diagnostic is not authorized. This facility is not an inclement weather alternative testing facility. Alternate event test equipment for the bike and row is authorized at this facility and must be reserved by contacting the Activities Specialist at 515-252-4760.

7. Point of contact for this policy is Camp Dodge Training Center Operations at 515-252-4635 or 515-252-4690.

Encl  
ACFT Map CDJMTC

JONATHAN L. BORG  
LTC, LG, IA ARNG  
Commanding

Enclosure: ACFT Map CDJMTC as of FEB 24



MWR PT-09  
Track TRL-02

MWR PT  
Track TRL-01  
Walk Extension

PT-11  
1/2 Mile Track w/  
Lighting

PT-07  
Bldg 1167

|                              |   |
|------------------------------|---|
| Training & Testing Locations |  |
| Running Tracks               |  |
| On-site Equipment            |  |

