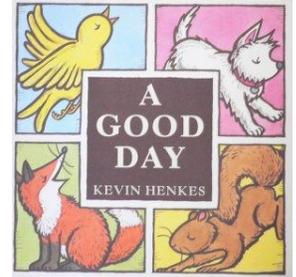




Iowa National Guard Youth and Teen Program
Family Programs Office
JFHQ A-1 RM 186
7105 NW 70th Avenue
Johnston, IA 50131



Book: A Good Day
Author: Kevin Henkes
Ages: 3-8
Lesson:



1. Begin by showing the students the cover of the book. Then read the title of the book to the children. Have the students infer what the book might be about based on the cover and title.
2. What does it mean to have a good day?
3. What are some things that happen to help you have a good day?
4. How do you feel when you have a good day? How do you feel when you have a not-so-good day?
5. Begin reading the story, pausing throughout to ask the following questions:
 - a. In the story, Yellow Bird loses his feather, how do you feel when you lose something important to you?
 - b. How do you think the little orange fox felt when he couldn't find his mother?
 - c. After all those bad things happened to the characters in our story, what do you think will happen now?
 - d. Have you ever been like Brown Squirrel and found something better than what you originally lost?
 - e. Have you ever had to work hard at something like little white dog did in order to do something fun?
 - f. Why do you think the little girl was so excited about finding the feather? Have you ever found something that made you excited?
6. After reading the story, ask the students to draw conclusions as to what the message was.
7. What are some things we can do to help others have a good day?

Activities:

1. Have the students perform random acts of kindness for others for a week and then talk about what they did and how it made them feel.
2. As a class, check with your building principal about doing a project to help around the school (i.e. picking up trash, raking leaves, creating a bulletin board display, etc.)

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