



Books for Supporting Military Youth and Teens

My Story

By Michelle D. Sherman, PhD, DeAnne M. Sherman
Published by Beaver's Pond Press, Inc.
ISBN 9781592983032

"My Story: Blogs by Four Military Teens" is a series of blogs by four military teens that highlights their feelings and experiences before, during, and after parental deployment. It provides support and education for all military teens and pre-teens by honoring their unique joys and sacrifices, addressing their fears and hopes, and exploring how parental deployment affects their lives. Although the four youth in "My Story" are fictional, the stories are real—the blogs are a compilation of real life experiences of military kids the authors have been honored to meet and learn from. "My Story" can also serve as a tool to educate civilian youth and adults about the military family experience.

You and Your Military Hero

By Sara Jensen-Fritz, Paula Jones-Johnson,
and Thea L. Zitzow
Published by Beaver's Pond Press
ISBN 9781592982684

You and Your Military Hero helps children learn positive coping skills during a loved one's deployment and empowers children and military families to maintain positive outlooks during this challenging time.

A friendly dog named Flipp guides the child on a journey of positive, solution-focused, and instructive activities. By practicing the activities in this book, children develop coping competencies that they can apply throughout their lifetime.

America's White Table

By Margot Theis Raven
Illustrated by Mike Benny
Published by Sleeping Bear Press
ISBN 1585362166

The White Table is a tradition begun during the Vietnam War to remember those held prisoner of war or missing in action. This book helps children learn about the symbolism of the White Table through the story of three children who learn about their uncle's service in Vietnam.

My Hero: Military Kids Write About Deployment

Edited by Allen Appel and Mike Rothmiller
Foreword by General H. Norman Schwartzkopf
Published by St. Martin's Press
ISBN 0312373465

My Hero contains over one hundred essays and drawing from children whose parents are serving or have served in the military. The children's writings reveal loving, funny, sometimes sad, but always heartfelt expressions of pride in their parents.

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You and Me Make Three

By Gwendy Mangiamele, Wendy Lokken & Edna Cucksey Stephens
Illustrated by Heather Drescher
Published by EDCO Publishing
ISBN 0979808804

The first book in the B.B. (Book & Bear) book series, you and Me Make Three helps young children cope with the challenges of divorce and separation. Military families can receive a 20% discount on ***B.B. The Bear*** and ***You and Me Make Three*** by purchasing online at <http://www.bbseries.com> and entering the discount code "ccpatriotic-03".

Rock USA and the American Way

By Edna Cucksey Stephens
Illustrated by Mark J. Herrick
Published by EDCO Publishing
ISBN 0971269270

Join American Eagle, Rock U.S.A.™ and fireinds on a patriotic journey through the alphabet. From American Dream, to Core Democratic Values, to Literacy, to Yankee Doodle, to Time Zones and Zip Codes, this book showcases American events, places, people and concepts that are the foundation of freedom and the American way of life.

My Mommy Wears Combat Boots

By Sharon G. McBride
Published by AuthorHouse
ISBN 1434351645

Written by a Soldier and mother, this book is intended to help children who are separated from their mother by deployment. The book is aimed at preschool children.

We Serve Too

By Kathleen Edick and Paula Johnson
Published by Wee The People Publishing

This touching book deals honestly with deployment from a young child's point of view, linking daily activities of parent and child, while honoring a child's own sacrifice and service to country. Each book comes with a dog tag and a pull out activity sheet with ideas to keep families connected.

That's My Hope: Featuring a Gallery of Multi-generational Artwork

By Lil Ingram and Marlene Lee
Published by Early Light Press, 2nd Ed.
ISBN 9780979917912

That's My Hope is designed to foster communication and understanding among children and adults regarding disability, trauma, injury, illness -- and resilience and hope.

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The Hero In My Pocket

By Mariene Lee
Published by Early Light Press, LLC
ISBN 9781419601521

The Hero in My Pocket is an interactive book for children affected by the death of a loved one who served in the United States Armed Forces.

The Adventures of Brisky Bear and Trooper Dog

By Phil Calloway
Published by Glory Be Collectibles

When Brisky Bear goes upriver, his best friend is sad until he finds three clues that just might put a smile back on his face. Learn with Trooper Dog how to Be Kind, Be Friendly, and Be Thankful. Book includes a drama CD with songs from the story!

Thumbs up to RED, WHITE & BLUE!

By Michelle Bain
Published by Pixie Stuff™ L.L.C.
ISBN 0979583225

In Thumbs Up to the Red, White & Blue!, Thumbs Up Johnnie™ and his friends take a trip through history to learn about national monuments, the Constitution and being a good citizen. Join Johnnie's friends from the Army, Air Force, Navy, Marine Corps and Coast Guard in giving our country a big "Thumbs Up."

By using the code "AUSAFP" when ordering online at <http://www.thumbsupjohnnie.com>, military families can receive a 50% discount on this and other Thumbs Up Johnnie™ titles.

Daddy Got His Orders

By Kathy Mitchell
Published by T.J. Publishing Company
ISBN 0976081105

A book about a 5 year old that learns why his daddy must leave for a deployment.

Daddy You're My Hero

By Michelle Ferguson-Cohen
Published by Little Redhaired Girl Publishing
ISBN 0972926402

A book designed to help kids (ages 4-8) deal with deployment of their father.

Mommy You're My Hero

By Michelle Ferguson-Cohen
Published by Little Redhaired Girl Publishing
ISBN 0972926437

A book designed to help kids (ages 4-8) deal with deployment of their mother.

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To Keep Me SAFE!

By Sarah R. Jones, M.S.
Published by State of Growth Publishing
ISBN 0974028908

A young boy explains how he copes with the deployment of his friend, a soldier in the United States Army.

A Year Without Dad

By Jodi Brunson
Published by Ithaca Press
ISBN 0974068314

The story will give children a clear picture of how long a year is and how long the year might feel like when the parent is deployed.

The Bear Under the Stairs

By Helen Cooper
Published by Puffin, 1997
ISBN 0140560947

A little boy throws food beneath the stairs of his house each day to appease the ferocious grizzly bear that he believes lives in the closet under the stairs.

Harry and the Terrible Whatzit

By Dick Gackenbach
Published by Houghton Mifflin Company, 1984
ISBN 0899192238

When his mother goes to the cellar and doesn't return right away, Harry goes down to search for her and confronts the terrible two-headed Whatzit.

The Kissing Hand

By Audrey Penn
Published by Child Welfare League of America, 1993
ISBN 0878685855

When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.

There's an Alligator Under My Bed

By Mercer Mayer
Published by E.P. Dutton, 1987
ISBN 0803703740

The alligator under his bed makes a boy's bedtime a hazardous operation, until he lures it out of the house and into the garage.

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Will I Have a Friend?

By Miriam Cohen and Lillian Hoban
Published by Aladdin Paperbacks, 1989
ISBN 0689713339

A little boy's anxieties on his first day at school are quickly forgotten when he makes a new friend.

It's a Family Thanksgiving! A Celebration of an American Tradition for Children and Their Families

By Debbie Fink
Published by Harmony Hearth, 2004
ISBN 0967887100

This holiday workbook puts the "thanks" back into Thanksgiving for school-age children as well as parents and educators. This adventure-filled journey whisks readers away on a voyage into the past, where they discover the holiday's history, heroes, and heroines.

A Sesame Street DVD Helping Families During Military Deployment

These [free bilingual kits](#) will help military families cope with feelings, challenges, and concerns experienced during different phases of deployment: pre-deployment, deployment and homecoming.

Other Books for Military Kids

Love, Lizzie: Letters to a Military Mom

By Lisa Tucker McElroy

Night Catch

By Brenda Ehrmantraut

The Next Place

By Warren Hanson

The Impossible Patriotism Project

By Linda Skeers

The Soldier's Night Before Christmas

By Trish Holland and Christine Ford

The Soldier's Tree

By Stephanie Pickup

The Wishing Tree

By Mary Redman

I Miss You

By Beth Andrews

Heroes

By Ken Mochizuki

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I'm Still Scared

By Tomie DePaola

On The Wings of Heroes

By Richard Peck

Count Your Way Through the Arab World

By Jim Haskins

A Good Day

By Kevin Henkes

Tear Soup

By Pat Schwiebert and Chuck DeKlyen

A Very Long Time

By Jeri Timperley and Nikki Arro

Deployment Journal for Kids

By Rachel Robertson

When Dad's at Sea

By Mindy Pelton

War? I'm Scared!

By We Write Kids

Soldier Mom

By Alice Mead

Daddy is a Soldier

By Kristen Hallowell

While You Are Away

By Eileen Spinelli

The Bravest of the Brave

By Shutta Crum

My Red Balloon

By Eve Bunting

Additional Resources

Military Child Education Coalition
Association of the United States Army
National Military Family Association
Books for Military Children
Military OneSource
Operation: Military Kids

www.militarychild.org
www.ausa.org
www.militaryfamily.org
www.booksformilitarychildren.info
www.militaryonesource.com
www.operationmilitarykids.org

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