

# Monthly Premiums Decrease for TRICARE Reserve Select

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FALLS CHURCH, Va. – Effective Jan. 1, 2009, TRICARE will reduce the rates for TRICARE Reserve Select (TRS). Monthly premiums for TRS individual coverage will drop 44% from \$81.00 to \$47.51, and TRS family coverage will drop 29% from \$253.00 to \$180.17.

The 2009 National Defense Authorization Act (NDAA), section 704, required TRICARE to analyze Reserve Select costs from 2006 and 2007, and set new rates for 2009.

“Now that TRS has been in place for several years, we were able to calculate premiums for 2009 from actual cost data obtained in earlier years,” said Army Maj. Gen. Elder Granger, deputy director of TRICARE Management Activity. “It is important to provide high quality and affordable healthcare coverage for our National Guard and Reserve families.”

Established in 2005, TRS is a premium-based health plan for National Guard and Reserve personnel available for purchase by members of the Selected Reserve who are not eligible for or enrolled in Federal Employee Health Benefit plans.

TRS provides a health plan option to members of the Selected Reserve and their families when they are not on active duty status. The TRS plan delivers coverage similar to TRICARE Standard and Extra to eligible members who purchase the coverage and pay monthly premiums. TRS also features continuously open enrollment.

“It’s an excellent health care option we are proud to offer,” Granger said. For more information about TRS visit the TRICARE Web site at <http://www.tricare.mil>.

## **About TRICARE Management Activity and the Military Health System**

TRICARE Management Activity, the Defense Department activity that administers the health care plan for the uniformed services, retirees and their families, serves more than 9.2 million eligible beneficiaries worldwide in the Military Health System (MHS). The mission of the MHS is to enhance Department of Defense and national security by providing health support for the full range of military operations. The MHS provides quality medical care through a network of providers, military treatment facilities, medical clinics and dental clinics worldwide. For more about the MHS go to [www.health.mil](http://www.health.mil).